

Kedarkantha Winter Trek - Uttarakhand

4 nights, 5 days

Overview

Kedarkantha peak is located in Govind Wildlife Sanctuary, Uttarkashi. It is accessible throughout the year, except July and August. The summit of **Kedarkantha peak altitude or height is 3810 meters or 12,500 feet**. Kedarkantha summit offers 360-degree view of many peaks like Swargarohini, Bandarpoonch I & II, Black peak, Ranglana, and the Yamunotri and Gangotri mountain ranges.

The name of the peak translates to "Lord Shiva's throat", Kedar (केदार) meaning Shiva & Kantha (कंठ) meaning throat.

What is the best time to go for Kedarkantha trek?

The trek is possible in at least 9 or 10 out of 12 months in a year. The time period when the trek should not be attempted is during the months of July and August when the monsoon rains arrive and incessant rains make the trek very risky. The trek is generally safe during all the other months of the year. In peak winters excessive snowfall can close the trek for some short duration as well, for a few days, such as in January month.

Highlights

- **Popular Winter Trek in Uttarakhand:** Experience one of India's most popular winter treks, known for its beautiful snow-covered trails and stunning Himalayan landscapes.

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- **Summit at 12,500 Feet:** Trek to the Kedarkantha summit at approximately 3,810 metres (12,500 ft) and enjoy spectacular panoramic views of the surrounding Himalayan peaks.
- **Snow-Covered Himalayan Trails:** Walk through pristine snow-covered forests, open meadows, and picturesque mountain trails during the winter season.
- **Mesmerizing Pine and Oak Forests:** Explore beautiful forest trails lined with towering Pine, Oak, and Maple trees, creating a magical winter setting.
- **Beautiful Juda Ka Talab:** Visit the scenic Juda Ka Talab, a picturesque high-altitude lake surrounded by dense forests and snow-covered landscapes.
- **Camping in Snow:** Experience overnight camping amidst snow-covered clearings, surrounded by beautiful Himalayan mountain scenery.

Itinerary

Day 1: Journey to Sankri

- 7:00 AM: Report near Dehradun railway station at Prince Chowk and meet your trekking group.
- The drive to Sankri will take approximately 7 to 8 hours. Along the way, you'll be treated to picturesque views of the Himalayan foothills, winding mountain roads, and charming villages. You'll also cross the Tons River and get your first glimpses of the snow-capped peaks in the distance.
- Check-in at a guest house in Sankri for your overnight stay.

Day 2: Sankri to Juda ka Talab Campsite

- After an early breakfast, you'll start your trek to Juda ka Talab, a serene and picturesque campsite.
- The trail takes you through lush green forests of pine and oak, and you'll witness the beauty of the Himalayan flora and fauna.
- The campsite by Juda ka Talab is surrounded by a pristine lake and offers a tranquil environment.
- Enjoy your evening at the campsite and prepare for the next day's journey.

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Day 3: Kedarkantha Basecamp and Summit Push

- Start your day with an early breakfast and then set off towards the Kedarkantha Basecamp.
- The trek to the basecamp offers breathtaking views of snow-covered landscapes and towering peaks.
- Reach the Kedarkantha Basecamp by around 11:00 AM.
- After a quick lunch, begin your summit push to Kedarkantha Peak. The trail will be steep and challenging as you gain elevation.
- Reaching the summit, you'll be rewarded with a 360-degree panoramic view of the Himalayan ranges, and if you're lucky, you can watch the sunset from this vantage point.
- Descend from the summit with thrilling slides in the snow.
- Return to the base camp by dinner time.
- Enjoy a hearty meal and get a good night's rest.

Day 4: Kedarkantha Base Camp to Sankri via Hargaon

- After breakfast, start your descent from Kedarkantha Base Camp.
- The trail will lead you through the enchanting Hargaon region, where you can enjoy the dense forests and scenic beauty.
- Continue your trek down to Sankri, where you'll spend your last night in the mountains.
- Overnight stay at Sankri.

Day 5: Departure to Dehradun

- Rise early and have breakfast.
- Depart for Dehradun at 7:00 AM.
- Enjoy the journey back, reflecting on the incredible experiences and memories you've gathered during your Kedarkantha trek.
- You'll arrive in Dehradun by around 6:00 PM.

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Inclusions

Inclusions:

- Transportation: Dehradun to Sankri to Dehradun.
- Accommodation: Triple sharing (guest house and tents).
- Meals: All-inclusive (Sankri to Sankri).
- Expert Team: Certified guide, cook, and support staff.
- Permits: Forest and association permits.
- Camping and Dining: Equipment and cutlery.
- Gaiters and Crampons: Included for your comfort and safety.
- First Aid: Comprehensive first aid kit for your well-being.

Exclusions

Exclusions (Not Included):

- Personal trekking gear, clothing, and equipment.
- Accommodation and stay in Dehradun (you can book a hotel room addon at the time of booking).
- Transportation to and from Dehradun.
- Food during transit.
- Travel insurance (highly recommended for your safety).
- Bag Offloading / Mule / Horse / Porter Charges (available at an extra cost of Rs 400 per day).
- Personal expenses, such as snacks, beverages, and souvenirs.
- Any additional activities or excursions not specified in the itinerary.
- Any costs incurred due to unforeseen circumstances, such as flight delays or medical emergencies.

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Things to carry

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THINGS TO CARRY
FOR HIMALAYAN TREK

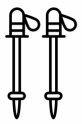
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TREK GEAR & ACCESSORIES


1 x Backpack
50 to 60 Litres


1 x Daypack
20 Litres


1 x Trekking
Shoes


1 or 2
Trekking Poles

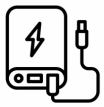

1 x Head Lamp
with extra battries


1 x Tiffin Box


1 x Cap


1 x Thermos
1 x Water Bottle


1 x Flip flops


1 x Power Bank
(10000 to 20000 mah)


1 x UV Sunglasses


1 x Personal
Medical Kit



Some Snacks
(Sweet and Namkeen)

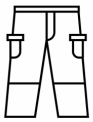

Reusable
Plastic Bags


Rain Cover
for Backpack & Daypack

Clothing and Utilities


2 x Full Sleeves
Dry Fit Tshirts


2 x Dry Fit
Tshirts


2 or 3 Trek
Pants


1 x Fleece or
Woollen Sweater


1 x Down Feather
or Puffy Jacket

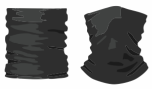

1 Pair Thermals


1 x Poncho


3 x Sports Socks
1 x Woollen Socks


1 x Woollen
Cap


1 x Waterproof Gloves
1 x Woollen Gloves


1 Buff or Balaclava


1 x Quick Dry
Towel


Toiletries


Anti Bacterial
Powder


Toilet Paper

Documents:	MountainFit Original Fitness Certificate Declaration Form. Photo copy and Original Aadhar or ID Card

Usually at all our Base camps we have cloakroom facility, So carry one extra bag in which you can store your travel clothes & other things at base camp.

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Important Notes

To ensure you're well prepared, we will be with you throughout your preparations, all the way till your trek/trip date.

Before all that, here are 3 important steps for you to follow:

- **Book flexible flight tickets for your trek:** When you're going for a trek, there are many uncertainties -- weather, snow, govt. orders, forest permits -- many things can go wrong. Even though this happens only in 1% of our treks, it's best to have flights that can be rescheduled.
- **Bus Ticket Reservations:** If you plan to book Delhi to Dehradun to Delhi bus tickets, please contact our office at least 7 days prior to your departure date. Keep in mind that ticket availability is subject to change, so book early to secure your travel.
- **Early Arrival Suggestion:** We strongly advise all participants to reach the trek starting point 1 day prior to the trek's scheduled departure (Day 0). This will allow you to rest and acclimate, ensuring you are well-prepared for the adventure ahead.
- **Accommodation Booking:** If you require accommodation either before or after the trek, please get in touch with our office. We can assist you in making bookings at suitable accommodations to enhance your overall experience.

Please adhere to these important instructions to ensure a smooth and enjoyable trekking experience. Your comfort and safety are our top priorities.

- **Download and carry these mandatory documents on your trek.** A medical certificate signed by a doctor. A disclaimer signed by you. Without these, you will not be allowed on the trek:
  - Medical certificate to be signed by a doctor - Download here
  - Declaration and enrollment form to be signed by you - Download here

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Carry original copies with you on trek and submit them to your trek leader.

- **Share your ID card to your trek/trip leader after booking is done**. In order for us to obtain permissions for your trek/trip, we need your ID card. Ensure you share those within the next three days.